Frage zu Projekt:
SHARE Wave 9 – New items on financial decision making, successful ageing, eating habits, sleep, long-term care insurance, and long-term care expectations (English Version)

Thema der Frage:
Health

Konstrukt:
Regularity of vegetables/fruits intake

Allgemeine Informationen:
*Note: This item was tested in German. This is an English translation of the original German wording.*

Fragetext:
Please look at card 2. In a regular week, how often do you consume a serving of fruits or vergetables?

[Bitte sehen Sie sich Liste 2 an. In einer normalen Woche – wie oft nehmen Sie eine Portion Obst oder Gemüse zu sich?]

Antwortkategorien:
Every day
3-6 times a week
Twice a week
Once a week
Less than once a week

Eingesetzte kognitive Technik/en:
Emergent Probing
Befund zur Frage:

Since the explanation is only given in question 3, do the respondents have difficulties in defining a “serving” in question 2?

None of the respondents asked what was meant by "a serving of fruit or vegetables" in this question or commented otherwise on the lack of a definition of a serving. However, to ensure that respondents in the main survey are thinking of comparable servings, we recommend adding an explicit definition to the question.

Empfehlungen:

Question: The question should be supplemented by a definition of what is meant by “a serving of fruits or vegetables.” A possible formulation can be found in the recommendation on question 3.
Furthermore, the question could be simplified grammatically:

'How often do you consume a serving of fruits or vegetables in a regular week?''

["Wie oft nehmen Sie in einer normalen Woche eine Portion Obst oder Gemüse zu sich?"

Response options: We recommend making the answer options uniform and either write out "three to six times" ["Drei- bis sechsmal"] or write all response options as numbers.